

Willabay[®]

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Nutritional info for Crannies

Serving size: 1/3 cup (40g)

Calories: 130

Fat Calories: 5

Total Fat: 0 g

Sat Fat: 0g

Cholest 0 mg

Sodium: 0 mg

Total Carb: 31 g

Dietary Fiber: 4 g

Sugar: 22 g

Protein: 0 g

Vitamin A: 0 %

Vitamin C: 0 %

Calcium: 0 %

Iron: 2 %