

Willabay[®]

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Nutritional info for Coconut Raisin Cereal

Serving size: 1/2 cup (56.7 g)

Calories: 237

Total Fat: 6 g

Cholest 0 mg

Sodium: 80 mg

Total Carb: 38 g

Dietary Fiber: 5 g

Sugar: 16 g

Protein: 6 g

Vitamin A: 0 %

Vitamin C: 0 %

Calcium: 6 %

Iron: 7 %